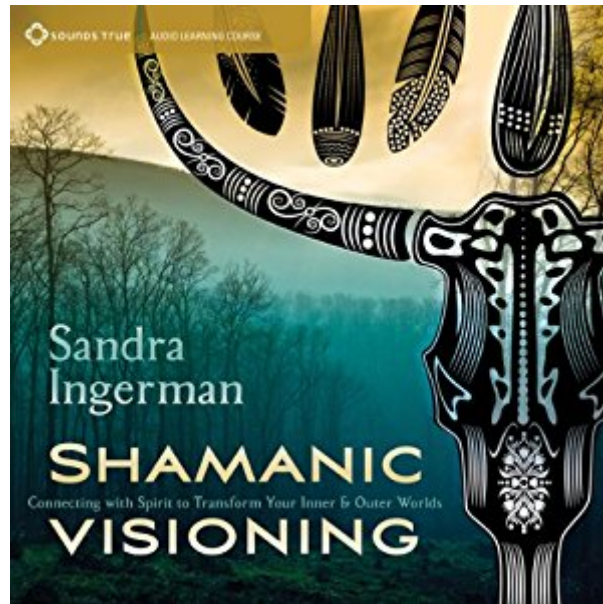


The book was found

Shamanic Visioning: Connecting With Spirit To Transform Your Inner And Outer Worlds



Synopsis

Everything is alive, everything has a spirit - and wisdom to share. Shamans throughout history have known that we all have the capacity to connect with plants, animals, natural forces, and helping spirits for guidance and healing. With Shamanic Visioning, Sandra Ingerman presents a complete audio training course in powerful techniques for tapping into the boundless creative energy of the unseen world. Join this renowned teacher for more than seven hours of instruction and insight as you learn to open yourself to the world of spirit, access reservoirs of healing energy for yourself and others, and empower yourself to fulfill the highest vision of your life. The core practice you will learn is the shamanic journey - a technique for safely entering an altered state of consciousness that allows you to expand your perceptions into the subtle dimensions of reality. Over the course of this training, you will undertake journeys to connect with your helping spirits and power animals, create ceremonies to honor times of change in your life, unlock your intuition and creativity, and spark transformative initiations. As you deepen your practice, you will learn how to integrate the experiences of your journeys into every facet of your life. With Shamanic Visioning, you are invited on a journey to discover a new vision of your life - supported by spirit, aligned with the creative forces of the universe, and suffused with unconditional love. More than seven hours of insights, guided practices, and time-tested shamanic wisdom from master teacher Sandra Ingerman.

Book Information

Audible Audio Edition

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Customer Reviews

beautiful well protected package CD's with tools for exploring my multidimensional being and being spirit in matter with a personal life story

I like it but don't love it. I learned so much more reading Shaman, Healer, Sage by Alberto Villoldo.

Excellent resource.

excellent product

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